



Fig. 1. Sections of the adrenal cortex. *a*, Dummy magnet group mouse; *b*, magnet group mouse.

were more or less disorganized, the usual cord-like arrangement of the cells was disturbed and the clear area between zone demarcations was absent. Fig. 1*a* shows the adrenal section of one of the dummy magnet mice. The three zones of the adrenal cortex are clearly visible. Fig. 1*b* is the adrenal section of a magnet mouse; as can be seen, the zona fasciculata is almost totally disorganized. Of the ten mice exposed to the magnetic field, only one had a normal adrenal, while the adrenals of all the dummy mice were normal. In two of the magnet group mice the abnormalities were slight; in seven 50 per cent of the zona fasciculata was disorganized and about one half of the normal width.

The cells of the zona fasciculata, being most strongly under the influence of the adrenal stimulating-pituitary hormones, are the most sensitive cells of the adrenal cortex. In ordinary conditions of stress the fasciculata is widened, not narrowed. On the other hand, Akabana found that administration of alcohol widened the zona fasciculata, while acetaldehyde led to a narrowing of the zona fasciculata.

The most pronounced peculiarity seen in the bone marrows of the magnet group mice was the decrease in the number of megakaryocytes. Ten microscope fields ($\times 350$ magnification) were counted for each mouse, the fields being selected so that there was a minimum number of bone trabeculae in them. Of the ten magnet mice (with the exception of one) all had a smaller number of megakaryocytes than either of the dummy magnet mice, the range being 4.9–6.8 megakaryocytes per microscope field, compared with the range of 7.3–10.0 found in the dummy magnet group.

Lorber⁹ found an increase in the number of megakaryocytes in the bone marrow after he applied the stress of a variety of surgical procedures.

The number of megakaryocytes in the spleens was counted in a similar manner as in the bone marrows. While on the average the number of megakaryocytes in the spleens of the dummy magnet mice was insignificantly lower than in their bone marrows (the difference being, with the exception of one instance, always negative), in the magnet group mice the number of megakaryocytes was larger in the spleen than in the bone marrow and larger than either of the values found in the spleens of the dummy magnet mice.

A large increase in the number of megakaryocytes in the spleens of animals stressed with Walker tumour transplants was found by Selye⁸. Such increases, however, are usually associated with erythropoiesis and myelopoiesis in the red pulp of the spleen, symptoms not seen in the magnet group mice. Megakaryocyte proliferation is characteristic of the reaction to neoplastic tissue and treatment with certain tissue extracts, but not seen with ordinary non-specific stress (restrain, cold, traumatic injuries and the like).

In the liver sections of the magnet group mice an increase in the number of direct mitoses, a large number of cells with large nuclei, or multinucleated cells were

seen, and pyknotic cells, necrobiotic changes and cells with poor nuclear staining were often seen. The mitotic index was used as parameter to characterize the lesion in the liver tissues, whereby the mitotic index was taken as the number of mitoses per 400 liver cells, 4,000 liver cells per mouse being investigated. In all ten mice of the magnet group, the mitotic index was larger by a factor of 2 to 3 than in the dummy magnet mice; only in one magnet mouse was the increase a mere 40 per cent. The mitotic index ranged from 4.5 to 6.7 in the dummy magnet group, while in the magnet group it was from 7.2 to 15.1.

The last column of Table 1 lists the probability level (PL), computed by using Student's *t* test, that the observed effect is caused by chance alone. The high significance of the probability levels found for each of the four investigated parameters establishes the existence of the changes in organs of mice exposed for 13 days to a 9,000 oersted static magnetic field described here. Although several of the observed abnormalities in the organs seem to suggest that the effect of magnetic fields resembles the effects of non-specific stress, at least two of the symptoms—the narrowing of the zona fasciculata and the decrease in the number of megakaryocytes in the bone marrow—are the opposite of the usual effects of non-specific stress conditions. The observed symptoms show that, during exposure to magnetic fields, some hormone imbalance occurs in the hypothalamus-hypophysal axis. It will be interesting to repeat these experiments on adrenalectomized mice and on mice which are supplied with extracts containing the hormones involved.

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Morphology of Motor Nerve Terminals subjected to Polarizing Currents

THE electric charge carried by synaptic vesicles is of considerable physiological interest. Strong support has recently been provided for the "vesicle hypothesis", which equates these vesicles with the quantal units of synaptic transmission^{1,2}. The proposal that vesicles are charged has been used to explain excitation-release coupling (ref. 3 and unpublished results of Bass and Moore) and the effects of presynaptic polarization when transmitter is released by nerve impulses⁴. Electrophoretic behaviour